



Sponsored by Limbiate Municipality

1° "CHRISTMAS CUP" TOURNAMENT

Waiting for the YOUTH LEAGUE

Tournament for athletes aged from 4 years old to U21

Individual KATA and KUMITE

EXPERIMENTAL KUMITE for 'FANCIULLI' and 'RAGAZZI'

KIDS BOUTS: CIRCUITS and DOUBLE BALLOON TASKS



Registrations opened to any Certified Sports Promotion Clubs

INFO: M° Montesanti Gianni _ Mobile phone 335-5226000

Federation Rep: Cellamaro Lorenzo _ Mobile phone 344-5020708

(INFORMATION IN ENGLISH)

1. VENUE, TIMETABLES and REGISTRATION FEES

SPORTS CENTRE in GERENZANO (VA), Via Inglesina n. 37

Meeting and registration confirmation at 9am.

Competitions start at 9am

From 9am to 2pm the competitions for the categories from BAMBINI to ESORDIENTI will take place, followed by ALL OTHER CATEGORIES without interruptions.

It is hereby specified that the listed timetables are to be considered as an estimate and, once the registrations are closed, the Organising Authority will communicate the timetables for each category and competition.

During the registration confirmation, nr. 1 pass will be provided to the Representative of every Sports Club and nr. 1 pass every 10 athletes.

In the competition area, only the athletes and the representative with pass will be allowed.

2. SPORTS CLUBS RANKING AND FINAL PRIZE

During the tournament, every sports club will get points according to the following criteria:

- n. 10 points for every first place;
- n. 6 points for every second place;
- n. 3 points for every third place.

3. REGISTRATION

Registrations must be done **within 22nd November 2024** exclusively by means of the system available on the following website: <https://www.studiobrenna.cloud/oipes/richiesta.php>

Sports Clubs are requested to comply exclusively with the registration guidelines specified in the attachment, NO other procedures (photographies, whatsapp texts, phone calls or e-mails) will be taken into account.

Only in case of amendments to registrations already sent (namely, athletes' withdrawal from tournament) the request must be forwarded at the following e-mail address: artimarzialoipes@gmail.com

In case of additions to registrations (namely, adding athletes and competition areas), the on-line procedure specified in paragraph 1 must be followed.

No amendments will be accepted after the deadline 25th November 2024 and no additional registrations will be accepted either via e-mail or at the tournament venue.

It is hereby specified that, upon payment of the registration fee, the event promoter will provide, without any additional costs, an insurance for all registered athletes for the exclusive duration of the tournament (PLEASE, FILL IN THE FORM FOR THE REQUEST OF INSURANCE COVERAGE HERE ATTACHED AND HAND IT IN UPON PAYMENT OF THE REGISTRATION FEE)

4. REGISTRATION FEES

- € 20,00 BAMBINI: * Experimental double balloon and circuit
- € 25,00 BA/FA/RA: Experimental Individual KATA and KUMITE
- + € 15,00= 2 competitions for younger athletes (ex. Experimental kata and kumite.)
- € 30,00= team kata Bambini/fanciulli/ragazzi (the fees for individual competitions will not be added up)
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- € 30,00 from the category ESORDIENTI up individual kumite; € 30,00= individual kata;
- € 45,00 from the category ESORDIENTI up double discipline individual kumite or individual kata
- € 50,00 from the category ESORDIENTI up third discipline kumite or individual kata
- € 30,00= team kata from the category ESORDIENTI up (the fees for individual competitions will not be added up)
- € 15,00= fee for disabled athletes (they can participate in two disciplines with a single fee).

*** Please, check the circuit on the following website: www.kentozazen.it**

The extra fee for additional disciplines will be applied by considering INDIVIDUAL KATA or INDIVIDUAL KUMITE as the main disciplines.

The registration fees must be paid on site and the number of athletes specified in the registration form will be confirmed.

5. CATEGORIES: See attachment.

The event planner reserves the right to merge those categories composed of less than 4 athletes.

RULES FOR BRIDGING EXERCISES WITH BALL

The Bridging Exercises with the Sponge Ball need to be performed on the Tatami. Nr 2 Sponge balls are used and placed at face level in the middle of the mat for both contestants, AKA and AO, who are competing at the same time.

The match consists of 35'' free arm and leg techniques.

For the categories Bambini and Fanciulli: allowed arm techniques FREE, allowed arm techniques FREE. The athlete is free to move around and use any techniques at a 180° radius without turning their back on the opponent, who is fighting at the same time with the other ball.

All the techniques that touch the ball are to be considered penalties, 1 point will be deducted.

6. INDIVIDUAL KATA RULES.

For all categories: white, yellow-, orange-, and green-belt athletes are allowed to repeat the same kata in every bout, tie-break included. Blue-, brown- and black-belt athletes must change the kata at every bout and are allowed to repeat a kata already performed exclusively in case of tie-break.

For younger categories a score system for refereeing will be applied.

Starting from ESORDIENTI category up, and exclusively for brown- and black-belt athletes, the new federation regulation will be used with a scoring system for single elimination.

7. TEAM KATA RULES

All categories are allowed to repeat the same kata in every bout, tie-break included.

A score system for refereeing will be applied in every bout.

All categories will be divided into male and female though mixed teams are allowed; in this case, the team will be included to the category according to the prevalent gender (ex. two male athletes and a female one, the team will participate in the male category).

The teams can consist of athletes with different belt levels, therefore they will be included in the category with the highest level (ex. two yellow-belt athletes and a black-belt one, the team will participate in the black belt category).

The team can be made up of athletes of different ages. Thus, the team will be included in the category of the eldest athlete (ex. 6-year-old, 11-year-old, 16-year-old athletes – the team will participate in the category 16 years old).

8. KUMITE RULES

FIJLKAM Rules ([Click here to download](#))

Exclusively for the JUNIORES category (athletes aged 17), a double registration to the category UNDER 21 is allowed, in compliance with the weight charts here attached.

EXPERIMENTAL KUMITE for the categories Bambini, Fanciulli and Ragazzi will be umpired according to the rules specified for Esordienti, though no grappling techniques or punches aimed at the face are allowed.

The DOUBLE EXPERIMENTAL BALLOON COMPETITION will be carried out by using nr. 2 sponge balls placed at face level in the middle of the mat for both AKA and AO athletes, who will compete at the same time.

The competition consists of 30'' of free combination of arm and leg techniques. The techniques which touch the ball will be counted as penalties.

OBLIGATORY PROTECTIVE EQUIPMENT

Since a prior check of the protection used by the athletes is not possible and in order to guarantee the safety of all participants, the organising committee makes it mandatory to wear a mouthpiece in case the use of the helmet is not allowed.

Categories BAMBINI and RAGAZZI

Gloves, shin/foot pads, body protector to be worn on top of karategi, groin protector, mouthpiece.

Since for the said categories no face attacks are allowed, the use of the helmet is highly recommended though not obligatory.

Category ESORDIENTI:

Gloves, shin/foot pads, body protector to be worn on top of karategi, helmet, groin protector, chest protector for female athletes, mouthpiece. Only RED or BLUE protections are allowed.

Categoria CADETTI, JUNIORES, and U21:

Gloves, shin/foot pads, groin protector, body protector, chest protector for female athletes, mouthpiece.

THE ORGANISING COMMITTEE COULD CARRY OUT SAMPLE WEIGHT CHECKS. THOSE ATHLETES WHO, UPON CHECK, DO NOT COMPLY WITH THE SPECIFICATIONS FOR THE CATEGORY OF REGISTRATION, WILL BE IMMEDIATELY DISQUALIFIED. (the categories merged by the organising committee are to be considered excluded).

TOURNAMENT MANAGEMENT

The Tournament Directors, following a count of the number of participants, reserve the right to change this regulations and inform the participants before the tournament takes place.

In case some categories lacked a sufficient number of participants during the tournament, the said categories will be merged with the next category.

For kumite bouts, the use of orthodontic braces and soft contacts is allowed under the responsibility of the Athletes, their Sports Clubs representatives or Parents (in case of minor athletes).

All Sports Clubs can register athletes who are in possession of a membership card and medical certificate for the ongoing year. All athletes must show their Sports Club membership card, and an ID.

AWARD CEREMONY: At the end of every category competition, athletes will be awarded their prizes.

KATA or KUMITE:

- Individual categories: MEDAL for first, second and third place athletes.
- **Some categories will be awarded with a trophy offered by the SPONSOR.**
- Team Category: CUP+MEDAL to the first four teams for each category. (1°, 2°, 3°,3°)
- Special Awards for ALL participants belonging to 'INTEGRATED SPORT' category.

SPORTS CLUBS: Cup for the first 4 Sports Clubs in the Tournament Chart.

HOW TO REACH THE SPORTS CENTRE in GERENZANO:

From the Airport: <u>Linate:</u> Bus to Piazza San Babila • Metro to Cadorna <u>Malpensa:</u> catch Malpensa express train to Saronno or Cadorna <u>Bergamo:</u> Bus Shuttle to Milano Linate	Once you reach the train station: <u>Milano Cadorna:</u> (direction Varese Nord – Laveno) • Train to Gerenzano - Turate <u>Saronno:</u> (direction Varese Nord – Laveno) Train to Gerenzano - Turate 1.6 km from Gerenzano station
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A CAFETERIA WILL BE AVAILABLE INSIDE THE SPORTS CENTRE.

TOURNAMENT MANAGERS:

M° Gianni Montesanti 3355226000

Federation representative Lorenzo Cellamaro 3445020708

REGISTRATION AND INFORMATION:

M° Federico Pellegrini 3407157143

REGULATIONS INFORMATION:

Diego Brenna 3936735139

THE ORGANISER SHALL NOT BE HELD LIABLE OR RESPONSIBLE
FOR ANY ACCIDENT THAT MIGHT OCCUR BEFORE, DURING OR AFTER
THE TOURNAMENT.

FOR INFO

artimarzialioipes@gmail.com